

Experience **CAROLINA**

with the Carolina Higher Education Opportunity Programs at UNC-Chapel Hill

Have you ever wondered what a typical day on campus is like? Project Uplift and Uplift PLUS offer an opportunity to experience campus life at UNC-Chapel Hill. Led by current UNC students, we provide a warm and inviting space for you to experience Carolina.



PROJECT UPLIFT

2025 Dates : May 31, June 7, and 14

Project Uplift is an one-day summer enrichment and college access program that provides students with exposure to life at Carolina



Enjoy a one-day immersive Carolina experience.



Engage in an essay writing workshop.



Get the inside scoop from current Tar Heels on what it's like to be a Carolina student!



Learn about admissions, scholarships and student aid.

HOW DO I APPLY?

1. Apply online at go.unc.edu/ProjectUpliftandUpliftPLUS. Please indicate on your application if you would like to be considered for Uplift PLUS.
2. Upload a PDF copy of your unofficial high school transcript.



UPLIFT PLUS

2025 Dates : July 6-19

Uplift PLUS is an intensive, 2-week on-campus program, providing an immersive and engaging experience to prepare the next generation of leaders.



Participate in academic, social, cultural and experiential learning activities.



Complete an essay writing course in which you draft your college admissions essay.



Receive one-on-one mentoring from current Carolina students.



Gain exposure to campus resources and various schools and units at UNC-Chapel Hill.

DEADLINES

We encourage you to start your application early!

Application Opens: January 15, 2025
Application Deadline: March 14, 2025
Decision Notification: April 2025

LEARN MORE AT [GO.UNC.EDU/PROJECTUPLIFTANDUPLIFTPLUS](https://go.unc.edu/ProjectUpliftandUpliftPLUS)